

For Immediate Release:

Contact: Sue Wilson, 770.815.2628
sue@gardenofempowerment.org

**Garden of Empowerment to host A Woman's Life Expo
Saturday, October 23, 2010 at Central Park's indoor event facility**

Cumming, Georgia: Garden of Empowerment, a unique, non-profit organization for women, will host its first annual women's expo at Central Park's indoor event facility in Cumming on Saturday, October 23, 2010, from 10 AM - 3 PM. *A Woman's Life Expo* is a free event focused on showcasing women-owned businesses as well as businesses and services dedicated to women's well being.

A Woman's Life Expo, features products and services from a wide variety of women-owned and women-focused businesses, as well as presentations by local experts and exhibitors ranging from an acupuncturist to a woman-owned automotive business.

Highlights of this free event include:

- Local experts
- Goody bags to first 250 attendees
- Free food
- Door prizes
- Special presentation by Emmy-winning motivational speaker and author Aurea McGarry

"*A Woman's Life Expo* will provide busy women a chance to catch up with themselves, their friends and their families." Garden of Empowerment Executive Director, Sue Wilson explained. "Here they will find countless resources—for the home, family, career and themselves — under a single roof. Whether you choose to sample, listen, participate, learn or shop, all you have to do is come down to the Expo and enjoy."

Attendees can also sign up for a number of give-aways at the door and throughout the expo. For more information about *A Woman's Life Expo* or Garden of Empowerment, contact Sue Wilson, 770.815.2628, sue@gardenofempowerment.org or Betty Oliver, 678.300.1815, boliver@steelmagnoliasreality.com.

Garden of Empowerment is a unique organization for women who are separated, divorced, or widowed. Garden of Empowerment's goal is to help women move forward with their lives by providing a safe place for emotional healing and growth.

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